PUBHLTH 310/NUTR 510

Nutrition in the Life Cycle

Taught by Olivia Anderson, PhD, MPH, RD

Lecture: Monday and Wednesday, 10-11am; Discussion Section: Thursday 8-9am or 9-10am

Suggested pre-requisites: Introductory Biology, Introductory Chemistry

- Learn about nutrition during critical stages of the life cycle, from the womb during pregnancy to old age.
- Examine the nutritional needs for normal growth and development, as well as the consequences of under- or over-nutrition at critical life stages and what major interventions have been implemented to address these consequences.

3 Credits
Winter Semester

Have an interest in nutrition? Sign up for the first undergraduate course in Nutrition offered by U-M School of Public Health!